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# WORKING ON A PIT STOP, GRAB & GO OR LUNCH CREW



**Physical Requirements:** Setting up and breaking down a route stop is hard work! You must be able to lift 30–50 pounds repeatedly, bend, squat and reach consistently, and be able to stand for long periods of time.



**Your Route Coordinator:** Your Route Stop Coordinator will train you on all route stop operations and give your team direction throughout the weekend.



**Adhere to Route Hours:** In order to maintain safety on the route, we have specific route hours, which state when each stop opens and closes to walkers.

### Why route hours are important:

- Safety! We will not open each section of the route until we know it is safe and prepared for walkers. Walkers may be held at a pit stop if the route is not ready for them. We also need to close sections of the route on schedule to ensure walkers make it to camp in a timely and safe manner.
- Route hours determine when your team will begin and finish work for the day. The earlier the stop along the route, the earlier the team will need to leave each morning.



**Route Stop Layout:** The lunch and pit stop sites are generally be arranged in three areas of interest: medical tent, food tent, and hydration tent. Grab & go stops will not have medical or food but rather offer a place for participants to refill their water bottles and use the portable toilets.



### Food Handling Guidelines:

- Any food that is packaged as single serving, and non-perishables like chips, pretzels, granola bars, etc. can be set out without any special instructions.
- Any food that needs to be cut, such as oranges, bananas, or PB&J Grahams, need to be cut and served with GLOVED hands. Once cut, these foods need to be placed in a bin of ice, which is covered by plastic. No food can directly contact the ice. There must always be a barrier of plastic between food and ice, no exceptions. Perishable foods cannot be grabbed by walkers themselves, they must be served by a gloved hand.



**Sunday, Day 3 Transition:** Once your team is done with your responsibilities on Sunday, you will meet up with the rest of the crew at the Finish Line Festival. Most crew members will go straight from the route to the Finish Line Festival. But your team's drivers will need to go to the Vehicle Load Lot to drop off your event vehicles and keys and help unload supplies. Please make sure your vehicle is filled up with gas prior to arriving at the Vehicle Load Lot.