

2

Physical Requirements



Support the Camp Crew teams



Support the Route Crew teams



Keep in constant communication with your Senior Captains



Day 3: Sunday Transition

WORKING ON THE **EVENT SUPPORT CREW**



Be Flexible: "Expect the unexpected" is the motto of this team. Often times, unforeseen circumstances occur during a Susan G. Komen 3-Day* event and this team will be ready to jump in and assist with various tasks.

• This team is for crew members with three or more years of experience on the 3-Day Crew.



Physical Requirements: You must be able to lift 10-40 pounds repeatedly as well as bend, squat and reach consistently. You must have a valid driver's license and be comfortable driving a rental car.



Support Camp Crew Teams: Based on the needs of the event, your team may help with any of the following duties in camp.

- Direct Opening Ceremony traffic.
- Break down and clean up the Opening Ceremony site.
- Set up participant sleeping tents.
- Staff dinner and breakfast lines.
- Clean dining tent trash during meal hours.
- Staff traffic hot spots in camp and/or at the Closing Ceremony.
- Other duties as directed by Senior Captain, Camp.



Support Route Crew Teams: Based on the needs of the event, your team may help with any of the following duties on the route.

- Staff a Grab & Go or water stop.
- Place and/or pick up cones and/or special route signage.
- Deliver route supplies.
- Serve as human arrows through sections of trail.
- Staff traffic hot spots.
- Other duties as directed by Senior Captain, Route.





2

Physical Requirements

3

Support the Camp Crew teams



Support the Route Crew teams



Keep in Constant Communication with Your Senior Captains



Day 3: Sunday Transition

WORKING ON THE **EVENT SUPPORT CREW**



Keep in Constant Communication with Your Senior Captains: Whether you're working at camp or helping out along the route, always be in communication with your Senior Captains. They will direct you to your next mission and make sure that you're fully supported.



Day 3: Sunday Transition: Please note that serving on the Event Support Crew means that you may be one of the last teams released from the route. Once you are released, make sure your vehicle is filled up with gas prior to arriving at the Vehicle Load Lot.

