

LEAPING INTO THE 2020 3-DAY HOST GUIDE



THE3DAY.ORG | #COMMIT3DAYS

It's a Leap Year, and that means we all get one more day to spend in the pink bubble! How are you going to spend your extra 24 hours? We hope you'll spend some of them with your 3-Day community!

We want to get as many members of our 3-Day family together on February 29th as possible and bring our community together to launch the 2020 season. Check the calendar on the 3-Day website to find out if there is an event in your area. **If there is no event in your area, host your own Leaping into the 2020 3-Day event** or join the party on social media.

Want to extend your bubble and meet new friends? Pick a location and invite all the 3-Day participants you know to form your own pink bubble.

Here's a checklist for hosting your very own event:

Before the Event:

- Find a venue to host the event. It can be your home, a restaurant, the park or any other space available for public use.
- Invite all the 3-Day participants you know to form your own pink bubble! Remind them to wear a 3-Day shirt or pink gear.
- Extend your bubble and find 3-Day participants near you with the [3-Day Friend Finder](#), post on our [message boards](#), or on our [Facebook page](#).
- Plan the menu and décor. Keep it simple and think pink! Consider light bites or a potluck.
- Suggested supplies:
 - [Balloons that spell 3-DAY](#)
 - [Pink party décor](#)
 - [Pink sequin table runners](#)
 - [Pink mylar tinsel \(like the Halfway Celebration at lunch on Day 2 at the 2019 events!\)](#)
 - [Pennant banner](#)
 - [Chalkboard markers](#)
 - [Mini chalkboards](#)
 - [Blank table top signs](#)
 - Scissors/tape/tacks/fishing line
- Decide on activities/games. Some ideas:
 - Stage "Jumping/Leaping" photos to share on the 3-Day Facebook page
 - Talk about your favorite 3-Day memories
 - Share your 2020 fundraising plans
 - Write your reason for walking on a chalkboard (or piece of paper) and take a photo
 - Go on a training walk

During the Event:

- Set up decorations to set the mood and energy
- Enjoy spending time in the pink bubble with your 3-Day family!
- Eat, drink and be merry!
- Ask attendees to write their reasons for walking on a chalkboard (or piece of paper)
- Take lots of photos!
- Ask each other questions from prompts on the tabletop signs
 - How many 3-Day events have you done?
 - Where have you/are you walking?
 - Who are you walking for?
 - What's one word that sums up your experience with the 3-Day?
- Play a game to see who's raised the most money so far.
- Ask friends and family to join your team, or if you're a solo walker, find a team to join!

After the Event:

- Share your photos on the main [3-Day Facebook page](#) and email them to your coach
- Post about the event and then use that energy and excitement to kickstart your fundraising
- Follow up with attendees who may want to join your team
- Find a Training Walk to join at The3Day.org/trainingwalks

Questions? Please reach out to your coach!



Presented by:
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