

# BREAST PUMP AND MILK STORAGE POLICY



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Participant breast pumps may be turned in to the Staff Medical Manager on Friday morning at the medical table at the Late Check-In area before the Opening Ceremony. Please make sure that the pump is clearly labeled with your participant ID number for proper identification. Also, please make sure that the bag is labeled as to where you will need to use the pump each day (camp and/or on the route at the lunch stop or pit stops) so that there is no delay in making sure that it is waiting for you when you need to use it.

The pump will be kept at Camp Medical and will be available to you during Camp Medical's regular operating hours. Come to Camp Medical and a Medical team member will get your pump and try and find a private place where you can pump. The pump may be plugged into the Camp Medical electrical supply.

If you will need to use the pump on the route, you must come to Camp Medical in the morning before you head out on the route and let the Medical Crew Captain know that you will need the pump and at which pit stop(s) you will need it. They will make sure that someone delivers the pump to each pit stop where you need to use it so that it will be waiting for you when you arrive. The Medical Team will try and find a private place at the pit stop where you can pump. When you are done using your pump, give it to the Medical Team and they will make sure that it is taken to the next pit stop where you will need to use it. At the last pit stop where you use it, give it to the Medical Team and they will take it back to Camp Medical. Please note that there is usually no electricity at any of the pit stops on the route so the pump used on the route will need to be manually or battery operated.

We **cannot** store any breast milk during the event as we cannot guarantee the safety of it. If you need to store the milk, we recommend you bring a small ice chest along with your breast pump so that you can temporarily store the milk. The ice chest will be taken to the pit stop along with your breast pump. Ice is available in camp and at all pit stops so that you can keep the milk cold until it is picked up. You will need to arrange to have a family member or friend come to the pit stop or to camp medical to pick up the milk.

On Sunday, you can pick up your breast pump at the Event Command Center prior to the Closing Ceremony. Breast pumps that are not picked up will be given to the local event staff to be put with other lost and found items.

If you have any questions regarding this policy or bringing your breast pump to the event, please contact a Susan G. Komen 3-Day® coach at 800-996-3DAY or [coaches@the3day.org](mailto:coaches@the3day.org).