



PARTICIPANT CENTER

2026 GUIDE

susan g. komen
3-Day®



1 Your **Susan G. Komen 3-Day Participant Center** is your central hub for all fundraising and event preparation activities.

Hi Katie Lewis!
Your Participant ID: 8283449.
There are 379 days until the **2026 Dallas/Fort Worth 3-Day**.
Contact your Dallas/Fort Worth 3-Day Coach at coaches@the3day.org.
Click the "+" below for your next steps and let us know if you have questions or need help.

What to do next?

- Set up your Personal Page
- Customize your Personal Page with a story about why you are raising funds for this cause.

2 In the center of the page, you'll find timely announcements, helpful links, and fundraising tips. Expand the "**What to do next?**" menu to view your upcoming action steps.

Hi Katie Lewis!
Your Participant ID: 8283449.
There are 379 days until the **2026 Dallas/Fort Worth 3-Day**.
Contact your Dallas/Fort Worth 3-Day Coach at coaches@the3day.org.
Click the "+" below for your next steps and let us know if you have questions or need help.

What to do next?

- Set up your Personal Page
- Customize your Personal Page with a story about why you are raising funds for this cause.
- Add Contacts to Your Address Book
- Add contacts to email from your personal Address Book on our site.
- Send an Email
- Ask your friends and family to support your fundraising effort.
- Thank Your Donors
- Thank your donors!
- Reach Out
- You have 37 contacts that you have not emailed. Consider contacting them about your fundraising effort.

3 At the bottom of the page, we encourage you to personalize your story and add a photo to share with potential donors. This is also where you'll find a donation list, allowing you to track your fundraising progress.

Personal Page

Personal Page URL:
https://www.the3day.org/si#TR/2024/20253Day?px=8283449&pg=personal&fr_id=2320

Title
Join me in the fight against breast cancer

Body

Please support me as I commit to an incredible challenge. The Susan G. Komen 3-Day is a 60-mile walk over the course of three days. It will be hard, but it's not as hard as breast cancer. It's not as hard as chemo. It's not as hard as getting bad news at your latest scan. It's not as hard as saying goodbye. And that's why I know I have to do this. That's why I'm walking and why I'm raising money – to end breast cancer forever.

Photos/Video

Update Media



4

For Team Captains: Switch to the **My Team** tab to customize your team page and send messages to your team members.

5

In the **Email tab**, you can compose messages, choose your recipients, and send emails directly. We offer a variety of email templates to help get started!

* Remember to regularly save your content within your Participant Center, and we recommend backing up your content-such as photos and customized emails-on your own computer for safekeeping.

6

In the **Social tab**, you can share updates from your personal email or social media channels, schedule posts and even download a graphic badge to add to your email signature.

Have any questions not answered here?
Email your 3-Day Coach at
coaches@the3day.org