Physical Requirements: You must be able to lift 40 pounds repeatedly throughout the weekend as well as bend, squat and reach consistently.

Route Deployment:
- **Hydration & Snack Trucks:**
  - Ensure your truck is stocked with a pallet of water, back-up snacks, a hand truck, grey trough and a bag of supplies.
  - 90 minutes before the route opens, meet with the Route Support Coordinator to load the perishable snacks.
  - Follow the Route Support Coordinator’s instructions for delivery of perishable snacks and route deployment.
  - Restock route stops with water, ice and snacks when needed.
  - Pick up Gatorade and ice after route stop closes.
  - Make supply runs to camp if extra inventory is needed.
  - At the end of Friday and Saturday, restock pit trucks with dry goods and bring truck to the Green Sticker Parking area to be reloaded with water by the Utility Staff.

- **Route Clean-up Trucks:**
  - Leap frog along the route, following the route hours.
  - Once each route stop closes for the day, make sure all walkers have left the stop before beginning your clean-up duties.
  - Load trash and recycling after each stop closes. Do not leave each site until it is fully cleaned.
  - If necessary, return to camp to off-load trash and recycling in the dumpsters.

How to be the best team:
- **Work Together:** Hydration/ Snack and Clean-Up crew members typically bring up the rear and pass through each pit stop together, collecting all trash and leftover perishable snacks, water and ice at the same time. Joining forces makes the job much easier!
- **Use your supplies:** Each vehicle will have a supply bin containing gloves, back braces, and miscellaneous supplies. The truck will have a pallet jack and dollies; be sure to utilize them. Once the day is over, the Command Center will direct you to any water that needs to be picked up and kept on the truck. Always contact the Command Center after each delivery and wait for a final confirmation before driving to camp.
Sunday, Day 3 Transition: Once you have collected all trash and recycling or hydration supplies from the last pit stop, you will go to the Vehicle Load-Out Lot to drop off your truck and keys and, depending on time, help off-load trash and hydration supplies. After dropping off your truck, you will head to the Participant Finish Area where you will get reimbursed for any gas receipts and pick up your victory t-shirt.

Communicate often with the Command Center: Once all hydration supplies have been loaded, call the Command Center to report the amount of hydration supplies loaded. The Command Center staff will direct you to the pit stop where your team will stage next to off-load or on-load hydration supplies. Always contact the Command Center after each delivery or pick up and wait for instructions on where to deploy next.

• Hydration/Snack Team Tips:
  • While waiting to be deployed forward on the route, your team can break down cardboard and haul extra hydration supplies to the designated pick-up location to load once the stop has closed and all walkers have left. Once the stop has closed, you will load hydration supplies into your truck.
  • Place one of the ice boxes in your truck closest to the cab in the center. This gives you a place to keep the ice that you pick up at the pit stops cold if it is needed later in the day.
  • Keep water on pallets in the center of the truck for balance. If a box is very wet, open or partially opened, put it to one side.

• Clean-up Team Tips:
  • Load lighter trash and recycling bags in the front of the truck (closest to the cab) and heavier trash bags at the back of the truck (closest to the access door).
  • Off-load trash at lunch into lunch dumpsters.
  • Once the final route stop is completely cleaned up and you are sure that all trash has been loaded into your truck, you will proceed to camp to off-load the remaining trash and recyclables into the camp dumpsters.

Serving on the Route Support crew is physically strenuous.

Follow the deployment plan.

Follow the best practices for success.

Keep in constant communication with the Route Support Coordinator.

On Sunday, once you have been deployed from the route, you will go to the Vehicle Load-Out Lot to return your vehicles and head to the Participant Finish Area.