WORKING ON A
PIT STOP, GRAB & GO OR LUNCH CREW

1. Work with your Route Coordinator

2. Serving at a route stop is strenuous

3. Follow the route hours

4. Use Route Stop Layout

5. Adhere to Food Handling Guidelines

6. Sunday after camp is broken down you will travel to the Participant Finish Area.

Your Route Coordinator will train you on all route stop operations and give your team direction throughout the weekend.

Physical Requirements: Setting up and breaking down a route stop is hard work! You must be able to lift 30 pounds repeatedly throughout the weekend as well as stand for long periods of time.

Adhere to Route Hours: In order to maintain safety on the route, we have specific route hours, which state when each stop opens and closes to walkers.
  • Why route hours are important:
    • Safety is the most important reason! We will not open the route until we know it is safe for the walkers, and we won’t release walkers from a route stop before it is safe for them to continue.
    • Route hours determine when your team will begin and finish work for the day. The earlier the stop along the route, the earlier the team will need to leave each morning.

Route Stop Layout: The lunch and pit stop sites will generally be arranged with three areas of interest: medical tent, food tent, and hydration tent. Grab & go stops will not have medical or food but rather offer a place for participants to refill their water bottles and use the portable toilets.

Food Handling guidelines:
  • Any food that is packaged as single serving, and non-perishables like chips, pretzels, granola bars, etc. can be set out without any special instructions.
  • Any food that needs to be cut, such as oranges, bananas, or PB&J Grahams, need to be cut and served with GLOVED hands. Once cut, these foods need to be placed in a bin of ice, which is covered by plastic. No food can directly contact the ice. There must always be a barrier of plastic between food and ice, no exceptions. Perishable foods cannot be grabbed by walkers themselves, they must be served by a gloved hand.

Sunday, Day 3 Transition: Once your team is done with your responsibilities on Sunday, you will meet up with the rest of the crew at the Participant Finish Area. Most crew members will go straight from the route to the Participant Finish Area. But your team’s drivers will need to go to the Vehicle Load-Out lot to drop off your event vehicles and keys and help unload supplies. Please note that vehicles must be clean and have a full tank of gas before arriving at the route.